

PLANNING GUIDE

March-August 2022

Sea Island®



Programs and restaurants may have limited availability,
and certain offerings in this guide may change.

We encourage unvaccinated guests to wear face coverings.

DINING

Please refer to [This Week at Sea Island](#) for hours of operation. Dining Attire and Cancellation Policy can be found in the back of this guide.

THE CLOISTER

[Tavola*](#), A rustic eatery where the simplicity of the cuisine and extensive wine collection are impeccably blended with the soul of Italy. Also serving breakfast. \$\$\$

[River Bar and Lounge](#), A classic brasserie with panoramic views of the Black Banks River. \$\$\$

[Cloister Adult Pool](#), A casual offering in the comfort of your pool chair. \$\$

[In-Room Dining](#), \$\$\$

Join us daily for complimentary morning coffee and afternoon refreshments in The Cloister Solarium.

BEACH CLUB

[Southern Tide*](#), Sea Island's beach-front restaurant, offering a taste of coastal Georgia. *Reopening April 2022.* \$\$\$

[Sea Strike & Pub](#), Bowling, beverages, and casual fare. \$\$

[Snack Shack](#), A casual poolside cafe. \$

[Pool Service and Beach Bar](#), An al fresco dining experience poolside. \$

[Wonderland](#), The Sea Island ice cream and sweet shop featuring a variety of candies and house-made ice creams. Also serving breakfast. \$

THE LODGE

[Colt & Alison*](#), A Southern-inspired steakhouse in a charming and intimate setting. Featuring incomparable cuts of USDA Prime wet- and dry-aged beef. \$\$\$\$

[Oak Room](#), An oceanfront tavern with golf course views, offering a broad range of Southern favorites. \$\$\$

[Pool House at The Lodge](#), An oceanfront spot for easy, poolside bites. \$

[Men's Locker Room](#), A casual lunch venue in what is considered by many as "the greatest locker room in golf." \$\$

[In-Room Dining](#), \$\$\$

Sweeten the sounds of the nearby bagpiper with an imaginative cocktail or glass of single-malt Scotch.

Bagpiper Hours

- 5-6 p.m., March 1-12
- 6-7 p.m., March 13-April 30
- 7-8 p.m., May 1-August 27
- 6-7 p.m., August 28-November 5

SEA MARSH

[The Market at Sea Island](#), Local mercantile and deli café. \$

THE INN

[Topgolf Swing Suite and Bar](#), Interactive fun for the entire family with lite bites and cocktails. \$

**Dining reservations are recommended.*

GOLF PLAY & INSTRUCTION

Play on our championship courses, including Seaside and Plantation, sites of the PGA TOUR's RSM Classic, and Retreat.

18-hole rate includes green and cart fees, range balls, forecaddie, and club cleaning. Tax and gratuity are additional.*

SEASIDE COURSE

18 Holes— March-May, \$335; June-August, \$250

9 Holes (after 3 p.m.) and Replay Rate—

March-May, \$205; June-August, \$150

PLANTATION COURSE

18 Holes— March-May, \$285; June-August, \$225

9 Holes (after 3 p.m.) and Replay Rate—

March-May, \$175; June-August, \$135

RETREAT COURSE

18 Holes—March-May, \$195; June-August, \$155

9 Holes (after 3 p.m.) and Replay Rate—

March-May, \$120; June-August, \$95

CLUB RENTALS

18 Holes— \$80, **9 Holes**— \$40

Forecaddie fee is additional for 9 holes, Replay rate, and Twilight. Junior rates (Ages 19 and under, staying at the resort) are 18 holes—\$75 (cart and caddie included), 9 holes—\$26 (cart included, caddie available for an additional fee).

**Forecaddie is not included or required at Retreat, but is available upon request more than 24 hours in advance at an additional cost.*

THE SPEEDWAY PUTTING COURSE

Enjoy an 18-hole putting course with an expansive green for daytime and evening entertainment. *First come, first served.*

For golf information and tee times, call (912) 638-5118 or ext. 5118.

GOLF INSTRUCTION AT THE PERFORMANCE CENTER

At the Golf Performance Center, we use our expertise to balance fundamentals with industry-leading technology to help each golfer—novice to professional—reach their potential.

Lessons—starting at \$135/hour

Club Fitting—starting at \$125/hour

For Golf Performance Center questions and reservations, call (912) 638-5119 or ext. 5119.

SPA

Experience 65,000 square feet of traditional treatments, innovative technologies, mindful programs, and customized therapies led by expert staff, therapists, and consultants. For Spa and Salon hours, refer to [This Week at Sea Island](#).

SIGNATURE SPA TREATMENTS

Sea Island Massage– This customized massage offers a bouquet of relaxation with a full-body massage, hot oil hair treatment, full-body brushing, and a foot exfoliation.

90 minutes, \$325

Balinese Massage– This full-body holistic treatment incorporates Balinese techniques to soothe distressed tissues, increase blood flow and oxygen in the body, and relieve strained muscles. *60 minutes, \$205; 90 minutes, \$310*

Duet Massage– Enjoy any of our massage offerings in one of two exquisite Spa suites. *90 minutes, \$325 each*

Island Retreat– This full-body exfoliation with an aroma therapy shower and massage relieves stress and revitalizes dull skin. *90 minutes, \$310*

Sea Island Facial– Treat yourself to a combination of exquisite local products blended with emerging discoveries in the science of skin rejuvenation and a touch of gentle Southern beauty philosophies. *60 minutes, \$215; 90 minutes, \$320*

HydraFacial MD®– A corrective treatment ideal for all ages and skin types that uses peptides and hyaluronic acid to exfoliate, extract, and hydrate all at once, delivering instant results. *60 minutes, \$295; 90 minutes, \$395*

Sea Island Man's Facial– This highly relaxing treatment is designed to soothe and deeply cleanse the skin after being exposed to the elements, leaving you refreshed and polished. *60 minutes, \$200; 90 minutes, \$305*

THE SALON AT SEA ISLAND

The Signature Manicure and Pedicure– Indulge yourself with this blissful and exquisite spa manicure and pedicure pairing. *\$180*

Luxurious Blowout– Enjoy a hair treatment, scalp massage, and blowout featuring deep-conditioning hair masks that restore and repairs dry, damaged hair. *75 minutes, \$115*

Formal Affair Make-Up– Allow us to enhance your natural beauty with an expert make-up application. *\$90*

Reservations are required, (877) 509-4605 or ext. 5148. A service charge of 24% will apply to all services above.

FITNESS

Take advantage of our cutting-edge fitness center with the latest state-of-the-art wellness. Join us for a class or work out on your own. Motivate yourself or meet up with a personal trainer, on the mat, in the water, at the studio. For a full schedule of classes and hours of operation, please visit the Fitness Center or refer to [This Week at Sea Island](#).

CRYOTHERAPY

Whole-body Cryotherapy is a short, three-minute application of cold air designed to reduce inflammation within the body—whether you have a previous injury or need assistance with your recovery post-exercise. *\$60/session*

PERSONAL TRAINING

Certified personal trainers are able to deliver on your every need, no matter the age or ability. Find your optimal health in a personal session. *30 minutes, \$60; 60 minutes, \$100*

NUTRITION

Whatever stage of life you are in, our registered dietitian can help take the confusion out of your everyday nutrition plan. Also, join us for one of our many nutrition classes! *Personal consultation. 60 minutes, \$100*

PILATES

Sea Island offers a complete range of Pilates programming with state-of-the-art equipment under the guidance of a Pilates instructor. Private, duet, and small group sessions are available for all levels. *60 minutes, \$100/single; 60 minutes, \$120/duet*

YOGA

Have our yoga instructors take you to the next level with a plan customized for you. *30 minutes, \$60; 60 minutes, \$100*

SEA ISLAND MOVEMENT SCREENING AND INBODY ANALYZER

Understanding how to move efficiently is the key to correcting and preventing imbalances and injuries. Coupled with Sea Island's InBody Analyzer, which is a full-body diagnostic assessment, you can see your health both inside and out. *\$60/session*

FITNESS CLASSES

Sea Island Fitness offers a wide variety of dynamic classes to choose from covering many disciplines. Resort and Cottage guests are welcome to attend fitness classes for \$20/class. Please note some specialty classes may have additional costs associated.

For reservations and pricing for Fitness Classes, call (912) 634-4442 or ext. 4442.

A service charge of 22% will apply to all activities above.

BOATING & FISHING

Experience fishing with your family and friends in one of the finest fishing areas on the east coast. Sea Island offers inshore, nearshore, and offshore fishing as well as opportunities to get up close with nature.

39-foot Contender Fishing Trips

- 1-6 people
- \$500/2-hour Boat Rides
- \$1,000/4-hour Nearshore Fishing
- \$1,650/6-hour Offshore Fishing
- \$2,200/8-hour Offshore Fishing
- Call (912) 638-5145 for reservations.

Inshore and Nearshore Fishing Trips

- 1-4 people
- \$395/2-hour Fishing for 1-2 guests (Inshore only)
- \$595/4-hour Fishing for 1-2 guests
- \$50/person for each additional guest

Kids' Family Fishing (for all ages)

- 1-6 people
- \$395/2-hour Inshore Fishing for 1-2 guests
- \$25 each additional guests

Salt Marsh Dolphin Tour

- 1-6 people
- Tuesday, Thursday, and Saturday, 3 p.m.
- \$95/adult, \$65/child (12 and under)
- 90 minutes

Private Salt Marsh Nature and Dolphin Tour

- 1-6 people
- \$390/90-minute tour
- Call (912) 638-5145 for reservations.

YACHT CRUISES

Enjoy cruises aboard the Sea Island Explorer, Sea Island's custom-built, 71-foot yacht with a multi-level, enclosed cabin.

Pre-Dinner Cocktail Cruises

- \$115/adult, \$60/child (12 and under), includes complimentary light hors d'oeuvres, beer, wine, and one cocktail. Cash bar available.
- Minimum of 7 people required to cruise.
- Refer to [This Week at Sea Island](#) for days and times.

Scenic Yacht Cruises

- \$90/adult, \$50/child (12 and under)
- Minimum of 7 people required to cruise.
- Refer to [This Week at Sea Island](#) for days and times.

Private Cruises

- \$4,500/2-hour minimum, \$750/additional hour
- Add a naturalist, falconer, or food and beverage for an additional fee.
- Call (912) 638-5145 for reservations.

Reservations are required for all activities. Unless otherwise noted, call (877) 283-2069 or ext. 5111 for reservations. To reserve the Sea Island Explorer or reach the Coastal Experience Center directly, please call (912) 638-5145. A service charge of 24% will apply to all activities above.

RAINBOW ISLAND WATER SPORTS

From Sunfish sailing and kayaking to stand-up paddleboarding, Rainbow Island Water Sports is headquarters for river experiences, rentals, and lessons.

Salt Marsh Kayaking and Paddleboarding

- Family Salt Marsh Kayaking: daily, 10 a.m., 1 p.m. and 3 p.m.
- Stand-Up Paddleboarding Salt Marsh Nature Tours: daily, 9 a.m. and 1 p.m.
- 2 hours
- \$95/person
- Tours may be dependent on tides.

Stand-Up Paddleboarding Lessons

- Offered daily, 9 a.m. and 2 p.m.
- 90 minutes
- \$75/adult (ages 16 and up), \$55/child (ages 15 and under)

Guided Hobie Kayak Fishing

- 1-6 people
- 2-hour tour, \$175/person
- 3-hour tour, \$275/person
- \$50/additional hour
- Trips offered daily, call (912) 638-5145 for availability and reservations.

Sunrise and Sunset Kayaking

- Monday, Thursday, Friday, and Saturday
- 90 minutes
- Refer to [*This Week at Sea Island*](#) for times.
- \$115/person

Kayak Shore Lunch

- Monday, Wednesday, and Friday, 12-2 p.m.
- \$135/person, includes lunch
- Private trips available by calling (912) 638-5145.

Backwater Sunfish Sailing

- Daily, 10 a.m.-4 p.m.
- Rental, \$75/boat/hour
- Lessons, \$115/person/hour
- Call (912) 638-5145 for reservations.

All activities above offered daily upon request and reservations are required. Unless otherwise noted, call (912) 638-5111 or ext. 5111 for reservations. To reach the Coastal Experience Center directly, please call (912) 638-5145.

A service charge of 24% will apply to all activities above.

FALCONRY

Experience first-hand this ancient art and 4,000-year-old tradition with our team of falconers.

Hawk Walk at Rainbow Island

- Take a walk on Rainbow Island with a falconer and Harris hawk. Witness the high-flying action first hand and enjoy the thrill of having a raptor fly to your gloved fist.
- Offered in early morning, days and times varies based on availability.
- \$95/person; minimum of 2, maximum of 8.

Owl Prowl at the Sea Island Nature Center

- Join our falconers to meet Sea Island's owls. Learn what makes them the best nighttime predator and dissect an owl pellet.
- Monday and Saturday, March-April and July-August, 3 p.m.
- \$45/person

Raptors and Reptiles at the Sea Island Nature Center

- Meet various birds of prey and reptiles with a naturalist and falconer.
- Monday, March-April and July-August, 11 a.m.
- \$65/person

Falconry Meet and Greet

- Get up close and personal with our raptors and resident falconer. Learn how Sea Island continues the ancient art of falconry. Participants will have an opportunity to handle a raptor.
- Days and times vary based on availability.
- \$45/person

The Falconry Experience at Broadfield

- October 15-March 31, join a half-day outing and witness nature's fastest animal, the peregrine falcon, in pursuit of gamebirds and a Harris hawk chasing bobwhite quail and eastern gray squirrels.
- \$375/person, 2-person minimum, \$100/each additional person. Southern-style lunch included.
- Reservations are required, (912) 510-0030.

Appropriate for ages 5 and up. Unless otherwise noted, call (912) 638-5839 or ext. 5389 for reservations. A service charge of 24% will apply to all activities above.

SHOOTING SCHOOL

The school includes a 5-Stand sporting clay field, two skeet ranges, and a trap field, as well as four certified instructors.

Shooting School and Shop Hours: daily, 9 a.m.-5 p.m.

Individual/Group Lessons

- Offered daily by appointment.
- Instruction, \$125/hour
- Targets and ammunition, \$48/box of shells

Practice Sessions

- Skeet, trap, or 5-Stand sessions available for experienced shooters by appointment
- Targets and ammunition, \$48/box of shells

JUNIOR PROGRAM

Air Rifle Bull's-Eye Class (Ages 6-12)

- Gun safety, equipment, and technique
- May 27-August 6, Monday-Saturday, 9 a.m., 11 a.m., 2 p.m., and 3 p.m.
- August 10-31, Wednesday and Friday, 2 p.m.
- \$65/child, includes shooting, instruction and cap

Beginner's Archery (Ages 8-16)

- One hour of instruction and target practice
- March 1-May 26, Monday, Wednesday, and Friday, 1:30 p.m.
- May 27-August 6, Monday-Saturday, 9 a.m., 11 a.m., 2 p.m., and 3 p.m.
- August 7-September 5, Monday-Saturday, 9:30 a.m. 11:30 a.m., and 1:30 p.m.
- \$65/person, meets at the Shooting School
- Call (877) 283-2069 or ext. 5111 for reservations.

Reservations required by 3:30 p.m. day prior, call (912) 638-5839 or ext. 5389. A service charge of 24% will apply to all activities above.

BOWLING

Sea Strike & Pub at the Beach Club offers six lanes of bowling, nine large screen televisions, and a gastropub-style menu.

Refer to [This Week at Sea Island](#) for bowling hours.

Lane Rentals

- \$75/hour/lane for up to six guests
- Rental includes ball and bowling shoes.
- Socks are required to bowl and are not provided.

Reservations recommended for bowling, call (877) 283-2069 or ext. 2695.

Reservations are not available for dining.

Ages 15 and under must be accompanied by an adult.

BROADFIELD

Broadfield, a Sea Island Sporting Club and Lodge, is located approximately 45 minutes south of Sea Island, off Exit 14 on I-95.

ACTIVITIES

The Broadfield Experience

- Experience first hand the thrill of a trip to Broadfield. Guests will receive a Lodge and garden tour, dog training and falconry demonstrations, 5-stand shooting lesson, and a Southern-style buffet lunch.
- April 1-September 30
- \$750 for the first 3 participants, \$199.75 for each additional guest. Maximum of 10 people.

The Falconry Experience at Broadfield

- Join a half-day outing and witness nature's fastest animal, the peregrine falcon, in pursuit of gamebirds and a Harris hawk chasing bobwhite quail and eastern gray squirrels.
- October 15-March 31
- \$375/person, 2-person minimum, \$100/each additional person. Southern-style lunch included.

Half-Day Quail Hunts

- October 1-March 31
- \$630/person, 2-person minimum (guns, ammo, and lunch included)

Half-Day Squirrel Hunts

- November 1-February 29
- \$655/person, 2-person minimum (guns, ammo, and lunch included). \$100 for each additional person after 2 guests

Continental Pheasant Shoots

- Pre-scheduled from October 1-March 31
- \$660/blind, 2-person maximum (guns, ammo, and lunch included)

RANGE ACTIVITIES

Competitive-style 5-Stand, Rifle and Pistol Range, Sporting Clays Course

- \$150/day access fee per person (ammunition and lunch are additional)
- 24-hour notice required; access based on availability

For information, pricing, and reservations, call (912) 510-0030. A service charge of 20% will apply to all activities above.

NATURE

Sea Turtle Dawn Patrol

- Join the Nature Team as they patrol Sea Island's beach for nesting females, hatchlings, and newly laid nests.
- Daily, May 16-July 17, 6 a.m., and July 18-September 5, 6:30 a.m.
- \$95/person, meets at Beach Club Entrance

Sea Turtle Education and Night Walk

- Learn about sea turtle life history followed by a beach walk in search of nesting females and hatchlings.
- Monday-Saturday, June 1-July 17, 9 p.m.,
July 18-September 5, 8:30 p.m.
- \$45/person

Coastal Wildlife Bike Tour

- Join a naturalist for a biking tour of Sea Island to discover its wildlife.
- Tuesday, Thursday, and Saturday, 9 a.m.
- \$75/person, meets at PEDAL Bike Shop

Birding Tour on Golf Cart

- Explore Sea Island's best birding spots and scenic locations.
- Monday, Wednesday, and Friday, 9 a.m.
- \$65/person

Marsh Habitat and Wildlife Walk

- A marsh and maritime forest walking tour for all ages.
- Monday, Wednesday, Friday, and Saturday, March 1-May 31, 11 a.m.
- \$45/person

Sea Island Junior Naturalist (Ages 7-14)

- Join a naturalist for a one-of-a-kind wildlife experience.
- Tuesday and Thursday, 11 a.m.
- \$65/child

Sea Island Eco Tour

- Explore Sea Island by golf cart to learn about the habitats of a barrier island.
- Monday, Wednesday, and Friday, June 1-September 5, 11 a.m.
- \$75/person

Jekyll Island Eco Tour

- Explore Jekyll Island State Park and the Georgia Sea Turtle Center. Visit the iconic Driftwood Beach, salt marsh wetlands, and maritime forest trails with a naturalist.
- Friday, 10 a.m.-3 p.m., or by special request
- \$200/person, includes transportation and admission fees

Fish Dissection and Dock Fishing

- Hands-on experience where kids will learn the ins and outs of a commonly caught fish.
- Tuesday, Thursday, and Friday, 1 p.m., meets at the Coastal Experience Center
- \$45/child, Ages 5 and up

Coastal Encounters

- Discover what makes the Georgia coast unique by meeting some of the resident and native animals.
- Tuesday and Thursday, 3 p.m.
- \$25/person, all ages welcome.

Raptors and Reptiles

- Meet various birds of prey and reptiles with a naturalist and falconer.
- Monday, March-April and July-August, 11 a.m.
- \$65/person, Ages 5 and up

All above programs meet in the Sea Island Nature Center at the Beach Club unless otherwise noted.

***Reservations are required, (877) 283-2069 or ext. 5111.
To reach the Nature Center directly, please call
(912) 634-4499. A service charge of 24% will
apply to all activities above.***

HISTORY

Join our historian on one of many guided tour options, celebrating over 90 years of history.

Oak Walk Rise and Shine Tour

- Take an early morning walk through The Cloister gardens while learning about the early days of Sea Island.
- Tuesday, 8 a.m.
- Meets in The Cloister Colonial Lounge, \$25/person

The Cloister Hotel History Walking Tour

- Experience a tour through The Cloister covering history, landscape, architecture, and furnishings.
- Monday and Friday, 2:30-4 p.m.
- Meets in The Cloister Colonial Lounge, \$45/person

G8 Summit and Presidential History Walking Tour

- Enjoy a walk through the Presidential Oaks followed by a visit to the Summit Room at The Cloister (pending availability).
- Thursday, 3:30-4:30 p.m.
- Meets in The Cloister Colonial Lounge, \$45/person

Homes and History Bike Tour

- Take a guided tour down Sea Island Drive with historical highlights along the way.
- Friday, 10:30 a.m.-12:30 p.m.
- Meets at PEDAL Bike Shop \$75/person

Gardens and Grounds Tour on a Golf Cart

- Tour the grounds of Sea Island and The Cloister on a golf cart.
- Tuesday, 10:30 a.m.-12 p.m.
- Meets in The Cloister Colonial Lounge, \$55/person

St. Simons Island History Driving Tour

- Enjoy a ride through St. Simons Island highlighting many historical spots such as Fort Frederica and Christ Church.
- Tour available by request.
- Meets in The Cloister Colonial Lounge, \$75/person

Golf History Walking Tour at The Lodge

- Learn more about the Sea Island Golf Club, its course architecture, and the story behind the Avenue of Oaks.
- Tour available by request.
- Meets in The Lodge Lobby, \$45/person

History Bike Ride at The Lodge

- Bike historical spots surrounding The Lodge including the Pier Village, the St. Simons Lighthouse and the Avenue of Oaks.
- Tour available by request.
- Meets in The Lodge Lobby, \$75/person

Fort Frederica Driving Tour

- Experience a tour of Fort Frederica National Monument.
- Tour available by request.
- Meets in The Cloister Colonial Lounge, \$55/person

Reservations are required, (877) 283-2069 or ext. 5111. A service charge of 24% will apply to all programs above.

BEACH CLUB

- Pools, dawn to dusk
- Towel service, 9 a.m.-5 p.m.
- Beach umbrella service, 9 a.m.-4 p.m.
- Waterslide, times vary
- Pool and Beach Food and Beverage Service, 11 a.m.-6 p.m.

PRIVATE RENTALS

Cabanas at the Adult Pool

- Includes an air conditioned room with a TV, stocked refrigerator, fruit tray, shower and bathroom, four chaise lounges, umbrellas, and towels
- Offered daily based on availability, 11 a.m.-5 p.m.
- \$500/day; \$650/day during holidays periods

Pool Daybeds

- Includes a covered daybed, two chaise lounge chairs, umbrellas, fruit tray, and bottled water
- Offered based on availability, 11 a.m.-5 p.m.
- \$350/bed/day; \$500/bed/day during holiday periods

Private Beach Set-Up

- Includes two chairs with covers, umbrella, Bluetooth speaker, table, cooler with water, snacks, and a beach attendant.
- \$85 for set-up/day, \$35/each additional chair/day

Down-the-Drive Chair and Umbrella Set-Up

- \$65/set/day

BEACH SPORTS

Hobie Cat® Sailboats

- 17' Getaway rentals with skipper, \$145/hour/5 people. \$15/additional person.
- Personalized Lessons, \$150/person/hour
- Open Ocean Dolphin Tour, 90 minutes, \$195/boat
- Shelling Tour, Daily, 1 p.m. and 3 p.m., \$295/boat

Paddleboarding Clinics and Rentals

- Ocean Stand-Up Paddleboarding Clinic, 90 minutes, daily, 10 a.m., \$75/adult (ages 16 and up), \$55/child (ages 15 and under)
- Rentals, \$45/hour

Kayaking

- Singles, 45/hour; Tandems, \$65/hour

Beach Funcycles

- \$25/hour, \$20/half hour

Body Boards

- Rentals: \$26/full day, \$20/half day
- Lessons: \$45/person/hour, includes rental

Horseshoes and Bocce Ball

- \$15/day/set

Wind Wing with Land Board Lesson

- Sail down the beach with an all-terrain land board and a hand-held wing.
- \$115/90 minutes
- Contact (912) 602-0890 or (912) 638-5145 for availability.

Kiteboarding (Ages 14 and up)

- Lessons, \$150/hour
- Contact (912) 602-0890 or (912) 638-5145 for availability.

*Reservations are required for all activities and offerings.
Unless noted otherwise, please call (877) 283-2069
or ext. 5111 for reservations.
A service charge of 24% will apply to all activities above.*

PEDAL

PEDAL is a full-service bicycle shop offering bike rentals, repairs, and bike accessories for the whole family. Golf cart rentals also available. Located at the Beach Club. Open 9 a.m.–5 p.m. daily, weather permitting.

Cruiser Rental

- \$25/half-day, \$40/full-day, \$15/each additional day; helmets and lock included
- Additions: Trailers and pull-behinds, \$15/day; baby seats, \$10/day

Beach Cruiser Rental

- Ride along the Sea Island shoreline at low tide on this beach-friendly bike.
- \$45/bike/2-hour rental

Hybrid and Road Bike Rental

- \$50/half-day, \$70/full-day, \$35/each additional day

Coastal Wildlife Bike Tour

- Join a naturalist for a biking tour of Sea Island to discover its wildlife.
- Tuesday, Thursday, and Saturday, 9 a.m., Meets at PEDAL Bike Shop
- \$75/person*
- Call (877) 283-2069 or ext. 5111 for reservations.

Learn to Bike

- \$65/30-minute lesson*
- Offered daily after May 31

Golf Cart Rentals

- 4-passenger golf cart, \$110/full-day, \$575/week
- 6-passenger golf cart, \$175/full-day, \$950/week
- Rentals available from half-day to monthly
- To rent or reserve, call the (912) 291-2977 or email seaislandcarts@seaisland.com

Half Day: 1–4 hours, Full Day: 4–24 hours

For information, pricing, and reservations, call (912) 357-3309.

**A service charge of 24% will apply to activity.*

EQUESTRIAN

Sea Island Beach Rides (Ages 10 and up)

- Daily, 9 a.m., 11 a.m., 1 p.m.
- \$120/person, departs from Rainbow Island

Marsh Trail Ride at Rainbow Island (Ages 7 and up)

- Daily, 9:30 a.m., 11:30 a.m., 1:30 p.m.
- \$80/person, departs from Rainbow Island

Instruction at The Stables at Frederica (Ages 5 and up)

- Instruction available in hunter, jumper, equitation, and dressage
- Private and group lessons available
- Located at The Stables at Frederica, 150 Frederica Stables Drive, St. Simons Island
- \$75/person

Reservations are required, (912) 434-4760.

A service charge of 24% will apply to all activities above.

TENNIS

The tennis concierge will arrange and schedule games for players looking for competitive match play. Proper tennis shoes and tennis attire are required.

Tennis Shop and Court Hours:

Monday-Saturday, 9 a.m.-5 p.m.

Sunday, Shop is closed; Courts available on a first come, first served basis.

THE CLOISTER TENNIS CENTER

Tennis Clinic: Intermediate to Advanced

- 9 a.m., 10 a.m., 11 a.m.
- Call (912) 638-5168 or ext. 5168 for reservations.
\$45/person.
Maximum of four participants.

Private Lessons and Custom Clinics

- Private lessons, group lessons, and clinics are available daily with the Sea Island Tennis teaching professionals.
- Clinic prices starting at \$45/person
- Call (912) 638-5168 or ext. 5168 for clinic reservations.

Rentals

- Court Rentals: \$20/30 minutes, only available after noon.
\$40/60 minutes, \$60/90 minutes, \$80/120 minutes
- \$50/hour/ball machine
- \$10/day/demo rental

RETREAT TENNIS CENTER

Rentals

- \$40/hour/per court, \$50/hour/ball machine

Reservations are required for all activities. Unless otherwise noted, call (877) 283-2069 or ext. 5111 for reservations.

*To reach Tennis directly or book clinics,
please call (912) 638-5168.*

A service charge of 22% will apply, excluding rentals.

SQUASH

Sea Island is one of the few Forbes Five-Star U.S. resorts with squash facilities. Featuring two international softball courts and one North American hardball doubles court. The Squash courts are located within the Fitness Center.

Court Fee

- \$20/court/hour. Courts may be reserved for consecutive hours, provided space is available.
- Fee includes racquets, eyewear, and ball.
For reservations, call (877) 283-2069 or ext. 5111.

JUST FOR KIDS

Named the #1 Family Resort by Harper's Hideaway Report, Sea Island offers kids an amazing array of things to see, do, and learn.

Camp Cloister (Ages 3-14)

- Join the Junior Staff for a fun-filled day of experiences around the resort.
- Monday–Saturday
- Ages 3-4: 9:30 a.m.-1:30 p.m., \$110/child, includes lunch
- Ages 5-14: 9:30 a.m.-3 p.m., \$130/child, includes lunch
- Minimum of 3 participants.

Kids' Night Out (Ages 5-12)

- Indoor and outdoor games and activities, dinner, and a movie.
- May: Friday and Saturday, 6-10 p.m.
- June-August: Monday, Wednesday, Friday, and Saturday, 6-10 p.m.
- \$85/child, includes dinner. Minimum of three participants.

Under-The-Sea Workshop (Ages 3 and up)

- Build a stuffed friend and take a Sea Island cuddle home with you!
- Tuesday and Friday, 3:30 p.m., \$65/child

Cookie Cutters (Ages 3-12)

- Create and decorate your own sugar cookies along with other sweet treats to take home.
- Saturday, 3:30 p.m.
- \$65/child. Minimum of five participants.

Sea Island Junior Naturalist (Ages 7-14)

- Join a naturalist for a one-of-a-kind experience and learn about the many ecosystems and wildlife on Sea Island.
- Tuesday and Thursday, 11 a.m., meets at the Sea Island Nature Center
- \$65/child

Fish Dissection and Dock Fishing

- Hands-on experience where kids will learn the ins and outs of a commonly caught fish.
- Tuesday, Thursday, and Friday, 1 p.m., meets at the Coastal Experience Center
- \$45/child, Ages 5 and up

All programs meet in Sea Island Kids unless otherwise noted.

Reservations are required, (877) 283-2069 or ext. 5111. A service charge of 24% will apply to all activities above.

JUST FOR KIDS, CONTINUED

FITNESS

Kids' B Fit (Ages 5 and up)

- Whether it's yoga, agility, or just fun, spend time with a kid-approved personal trainer.
- 30 minutes, \$60; 60 minutes, \$100
- Reservations required, (912) 634-4442 or ext. 4442

A service charge of 22% will apply.

SHOOTING SCHOOL

Air Rifle Bull's-Eye Class (Ages 6-12)

- Gun safety, equipment, and technique
- May 27-August 6, Monday-Saturday, 9 a.m., 11 a.m., 2 p.m., and 3 p.m.
- August 10-31, Wednesday and Friday, 2 p.m.
- \$65/child, includes shooting, instruction and cap

Beginner's Archery (Ages 8-16)

- One hour of instruction and target practice
- March 1-May 26, Monday, Wednesday, and Friday, 1:30 p.m.
- May 27-August 6, Monday-Saturday, 9:30 a.m., 11:30 a.m., 1:30 p.m., and 3:30 p.m.
- August 7-September 5, Monday-Saturday, 9:30 a.m. 11:30 a.m., and 1:30 p.m.
- \$65/person, meets at the Shooting School

A service charge of 24% will apply.

SPA AND SALON

The Spa at Sea Island offers a collection of children and teen services in the spa, salon, and fitness center. Teens ages 14-17 have full access to the spa, while children ages 7-13 may only relax in the Garden Atrium before their spa treatments and are not permitted in any other spa amenities or areas. All guests ages 7-17 must be accompanied by an adult over 18 and both guests must wear bathing suits for their spa services.

Parent and Child Massages— Two side-by-side Swedish massages. *45 minutes, \$295; 60 minutes, \$395*

Parent and Child Massage and Facial— Two side-by-side services, one Swedish massage and one European facial. *45 minutes, \$295; 60 minutes, \$395*

Parent and Child Facial— Two side-by-side deep-cleansing European facials. *45 minutes, \$295; 60 minutes, \$395*

Mani-Pedi Sparkles— Children's Manicure and Pedicure, under 10. *\$75*

Sparkle Manicure— Children's Manicure, under 10. *\$30*

Sparkle Pedicure— Children's Pedicure, under 10. *\$55*

Shampoo, Cut, and Style— Mini-Full 'Do Shampoo, Cut, and Style, under 10. *\$55*

Additional salon services available for teens: haircuts, color, highlights, waxing, and make-up and nail services.

Reservations required, call (877) 509-4605 or ext. 5148.

A service charge of 22% will apply to all spa and salon treatments.

JUST FOR TEENS

FITNESS

Personal Training for Teens

- Let our certified personal trainers help develop good exercise and fitness habits, \$100/teen/hour

**Reservations required, call (912) 638-4442 or ext. 4442.
A service charge of 22% will apply.**

SHOOTING SCHOOL

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A service charge of 22% will apply to all spa and salon treatments.**

SHOPPING

From fine clothing and books to gifts and mementos of your visit, our various shops have what you're looking for. Refer to [This Week at Sea Island](#) for hours of operations or shop anytime in our [online shop](#).

Sea Island Shop at The Cloister

- Men's and women's specialty apparel, distinctive gifts, coffee table books, magazines, wines, food items, and sundries
- Featuring Rebecca Taylor, Trina Turk, Alice + Olivia, Joie, Vince, Saloni, Milly, Alexis, Lafayette 148, Frame, Peter Millar, Polo, and Turtleson
- Located near The Cloister Colonial Lounge

Peter Millar Collection at The Cloister

- Peter Millar Collection blends the best of American heritage with European sensibility - all with an immaculate attention to detail and craftsmanship.

The Spatique and Beautique

- Body, skin, hair, and nail care products, active wear, lounge wear, other spa gifts, and lifestyle goods
- Featuring Babor, Makeup Factory, Amika, Naturopathica, Varley, Vimmia, Barefoot Dreams, UGG, Eberjey, and LAKE Pajamas

The Cloister Tennis Shop

- Latest resort and tennis fashions for ladies, men and children, featuring Lacoste, Lija, Peter Millar, Nike and more, plus state-of-the-art equipment, court shoes, and racquet stringing

Coastal Experience Center

- Active wear and gear, fishing poles, crab traps, and bait
- Featuring AVID, Simms, Prodoh, Vineyard Vines, and Helly Hansen
- Located beneath the Black Banks Terrace

Sea Island Surf Shop

- Casual and swim apparel, Sea Island logo apparel, accessories, sun products, beach toys, gifts, and sundries
- Featuring Melissa Odabash, Vix, Mara Hoffman, Marysia, Karla Colletto, Poupette St. Barth, Roller Rabbit, Vineyard Vines, and Vilebrequin

Sea Island Kids' Shop

- Sea Island's retail shop especially for kids! Located at the Beach Club with an entertaining selection of games, toys, books, accessories and more.
- Featuring The Beaufort Bonnet Company, Lilly Pulitzer, Little English, Florence Eiseman, Johnnie-O, Bella Bliss, and Kissy Kissy

Sea Island Golf Club Pro Shop at The Lodge

- Golf and lifestyle boutique specializing in the latest golf trends, men's and women's specialty apparel, gifts, and accessories
- Featuring Peter Millar, Polo, Nike, B Draddy, Stitch, Tory Burch, Greyson, Maui Jim, and Lululemon

Golf Performance Center

- Golf apparel for ladies, men, and children from Nike and Peter Millar
- Latest in golf equipment featuring Titleist, Callaway, Ping, TaylorMade, Cleveland, Mizuno, Tour Edge, PXG, and more
- Located adjacent to The Lodge

Fitness Center

- The latest men's and women's active wear
- Featuring Lululemon, Under Armour, Alo, TASC, Straightdown, and RAD

The Market

- Soups, sandwiches, quality fish and meats, unique grocery items, coffee shop, wine selection, custom gift baskets, and Sea Island retail items
- 351 Sea Island Road on St. Simons Island, just east of the intersection of Sea Island and Frederica Roads

To be connected to any of our shops, please dial 0 from any house phone or (912) 638-3611.

WHAT'S HAPPENING

Throughout the week, you'll find engaging options for dining, entertainment, and fun.

ONGOING EVENTS

Sunday Service

- Casual, ecumenical Christian service
- Sunday, 9-9:30 a.m.
- Refer to [This Week at Sea Island](#) for location.

Coastal Experience Center

- Stop by and experience true customization of your recreation outings. Located near The Cloister Dock.
- Daily, 9 a.m.-5 p.m.

Complimentary BMW

- Experience luxury at every turn during your stay.
- Cars offered on a first-come, first-served basis for up to two hours of driving.
- Keys available at The Cloister Bell Stand and The Lodge Concierge Desk.

Topgolf Swing Suite at The Inn

- Enjoy golf-oriented games along with baseball pitching, soccer, zombie dodgeball, and carnival games.
- Open daily, refer to [This Week at Sea Island](#) for hours of operation. First-come, first served. No reservations.

SPECIAL EVENTS AND HOLIDAYS

- Easter, April 14-17
- Memorial Day, May 27-30
- July 4th, July 1-5

Refer to [What's Happening](#) for more details.

MEMBERSHIP AND REAL ESTATE

Many who visit Sea Island choose to become members and homeowners. To learn more, please call or stop by our offices.

**Membership– 351 Sea Island Road,
St. Simons Island**

(912) 638-5800 or ext. 5800

**Real Estate– 351 Sea Island Road,
St. Simons Island**

(912) 638-5161 or ext. 5161

RESORT DRESS CODE & CANCELLATION POLICY

Dress Code for Tavola, River Bar, and Cloister Breakfast

Before 5 p.m., casual attire is acceptable. Tank tops and swim attire are not permitted.

After 5 p.m., a collared shirt is required for gentlemen. Well-kept denim is acceptable. Tank tops, swim and fitness attire are not permitted.

Dress Code for Southern Tide and Sea Strike & Pub

All day, casual, dry beach or swim attire is acceptable. Shirts, swimsuit cover-ups, and footwear are required. Socks required to bowl.

Dress Code for Oak Room and Men's Locker Room

Before 5 p.m., casual attire is acceptable. Tank tops and swim attire are not permitted.

After 5 p.m., a collared shirt is required for gentlemen. Well-kept denim and Bermuda shorts are acceptable. Tank tops, swim and fitness attire are not permitted.

Dress Code for Colt & Alison:

After 5 p.m., a collared shirt, slacks or well-kept denim, and closed-toed shoes are required for gentlemen and boys over eight. Jackets are recommended, but not required. Cocktail attire is recommended for ladies.

Dress Code for Activities:

The dress code varies throughout Recreation. To view, [click here](#).

Appropriate Hat Wear: Gentlemen's hats and caps are not permitted in any of the indoor dining or bar venues. Gentlemen are permitted to wear hats in outdoor bar venues. Women are permitted to wear venue-appropriate hats and caps, e.g., athletic caps, prior to 5 p.m., and dressier hats before or after 5 p.m.

Bingo: A jacket, collared shirt, and slacks or well-kept denim are required for gentlemen and boys over eight. Cocktail attire is recommended for ladies. Jackets are requested to remain on for the duration of the Bingo experience.

Face Coverings: We encourage unvaccinated guests to wear face coverings.

Resort Cancellation Policy:

**VIEW
CANCELLATION POLICIES**

Tax and Service Charge may be added to most Activities.

DINING AND ACTIVITIES

- Days, times, pricing for activities, and dining hours of operations are subject to change.
Please see [This Week at Sea Island](#) for a complete list of activities.

Sea Island[®]

www.seaisland.com



THE ONLY RESORT IN THE WORLD TO RECEIVE FOUR
FORBES FIVE-STAR AWARDS FOR 13 CONSECUTIVE YEARS.